

## **National ME/FM Action Network Resources**

### **Quest Newsletter – Free with annual membership of \$30.00**

When you become a member of the National ME/FM Action Network, you receive our quarterly newsletter *QUEST*. We keep you informed about medical research, disability and legal issues, as well as keeping you up-to-date about our many projects. “Quest” includes original articles by doctors, researchers, and lawyers. In addition, it has a new section entitled *The Journey* which covers support matters such as treatment and happenings in other groups.

### **ME/CFS and FM Information Sheets - FREE**

You can download and print information sheets for ME/CFS and FM here. If you would like folded glossy brochures, email us at [mefminfo@mefmaction.com](mailto:mefminfo@mefmaction.com) . Please specify how many you would like and in what language(s).

[ME/CFS Info Sheet - English](#)            [FM Info Sheet - English](#)

[ME/CFS Info Sheet - French](#)            [FM Info Sheet - French](#)

[ME-What you should know - English](#)     [ME-What you should know- French](#)

### **Consensus Documents for ME/CFS and FM**

*Myalgic Encephalomyelitis / Chronic Fatigue Syndrome: Clinical Working Case Definition, Diagnostic and Treatment Protocols* [Journal of Chronic Fatigue Syndrome, Vol. 11, No. 1,

## ME/FM Resources

Written by Administrator

Thursday, 09 December 2010 20:46 - Last Updated Friday, 02 October 2020 23:12

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2003. Haworth Press 2003/2004 ISBN:0-7890-2207 9] and  
*The Fibromyalgia Syndrome: A Clinical Case Definition for Practitioners*  
[Haworth Press, 2004 (Soft cover book) ISBN 0-7890-2574-4

can be viewed on our website at

[www.mefmaction.com](http://www.mefmaction.com)

and is also available at

**Amazon.com**

or at

**Chapters.ca**

Or view the Consensus Documents on our website at [www.mefmaction.com](http://www.mefmaction.com)

### **ME/CFS and FM Overviews - \$7.00 Each**

The ME/CFS and FM Overviews are summaries of the Canadian Consensus documents entitled *Myalgic Encephalomyelitis / Chronic Fatigue Syndrome: Clinical Working Case Definition, Diagnostic and Treatment Protocols* and *The Fibromyalgic Syndrome: A Clinical Case Definition for Practitioners*.

Overviews can be ordered from Marjorie Van de Sande via email at [mvandesande@shaw.ca](mailto:mvandesande@shaw.ca) or by regular mail at 151 Arbour Ridge Circle NW, Calgary, AB T3G 3V9 Canada

Or From the NATIONAL ME/FM ACTION NETWORK

Or view the Overviews on our website at [www.mefmaction.com](http://www.mefmaction.com)

### **ABREGE DU CONSENSUS CANADIEN SUR LE SFC: DEFINITION CLINIQUE ET LIGNES DIRECTRICES A L'INTENTION DES MEDICINES – \$5.00**

To order, please contact AQEM, 7400 Boul. Les Galeries, Box 410, Anjou, QC H1M 3M2 Canada or call 514.369.0386 or via email at [aqem@spg.qc.ca](mailto:aqem@spg.qc.ca)

### **TEACH-ME (Second Edition) - \$22.00 – Discount on bulk orders**

## **TEACH-ME (TRADUCTION FRANCAISE): \$22.00**

Our *TEACH-ME* Resource Book is for Parents and Teachers of children and youth with ME/CFS and/or FM.

### **QUEST COLLECTION: 1993 TO 2003 - \$38.00**

### **QUEST COLLECTION: 2004 TO 2008 - \$38.00**

These are a collection of medical and legal articles that appeared in our newsletters for the periods indicated and combined for easy reference.

## **CANADA PENSION PLAN DISABILITY GUIDE - \$7.00**

A Guide designed for those who are disabled and wish to apply for Canada Pension Plan Disability Benefits and the various steps in the process.

## **LEGAL & DISABILITY MANUAL - \$70.00**

This manual consists of court case references and disability matters relevant to ME/CFS and FM matters.

## **NATIONAL DOCTORS' ROSTER**

A roster of medical professionals who diagnose and/or treat ME/CFS and FM. To find out if there is a doctor available in your area, please contact us.

## **NATIONAL LAWYERS' ROSTER**

A roster of lawyers and legal advocates who are knowledgeable about ME/CFS and FM. This roster is a guide only and the National ME/FM Action Network plays no role in any decisions made by the individual or in the legal professional selected. Please contact us for more information.

## **NATIONAL ME/FM ACTION NETWORK WEBSITE**

<http://www.mefmaction.com>

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